

SNDT Women's University, Mumbai

S.N.D.T. College of Education, Pune

Best Practice 1

2025-2026

Title of the Best Practice-

Niramay – Empowering Rural Women's Health through Comprehensive Screening and Outreach

2. Objectives

- To promote health awareness and preventive care among rural women who often lack access to specialized diagnostic facilities.
- To conduct early screening for critical conditions, specifically uterine cancer, enabling timely medical intervention.
- To address nutritional deficiencies in rural women by providing essential supplements like vitamin tablets.
- To foster social responsibility and community engagement among student-teachers through hands-on NSS (National Service Scheme) camp organization.

3. Details of Activity Conducted

The S.N.D.T. College of Education, Pune, integrates its outreach vision with community health by organizing an annual mega health check-up drive during the NSS camp. Recognizing that women's healthcare is frequently neglected in rural households due to financial constraints and social hesitation, the institution collaborates with the Goran Grosskopf Family Clinic (**GGFC**), **Pune**, an expert non-governmental organization located at Kothrud, Pune.

The activity spans multiple operational stages to ensure maximum participation and clinical safety:

1.Village Selection & Mobilization: -Camp Phase.

The college identifies a target village within Pune district. Student volunteers conduct door-to-door surveys and awareness drives to explain the benefits of clinical screening, directly addressing cultural taboos surrounding reproductive health.

2.Setup of Diagnostic Infrastructure: Camp Day: Morning.

In collaboration with GGFC, Pune, a temporary clinical facility is established in the village (typically using school rooms or community centers) to ensure privacy, particularly for sensitive examinations like uterine cancer screenings.

3.Comprehensive Screenings & Consultation: Camp Day: Continuous.

A medical team from GGFC conducts full-body check-ups, monitoring vital signs, blood sugar, and overall physical health. Simultaneously, specialized screenings for Uterus Cancer (Cervical Screening/Pap smears or clinical evaluations) are securely administered to eligible women.

4.Medicinal Distribution & Counselling: Camp Day: Evening.

Based on individual diagnostic results, patients receive free vitamin and iron supplements to combat prevalent nutritional deficiencies. Doctors provide personalized counselling on hygiene, diet, and symptoms requiring further investigation.

Longitudinal Growth and Locations

The camp is designed as a sustainable annual feature, shifting locations strategically to expand its geographical impact while maintaining consistent service standards:

Academic Year	Camp Location (Venue)	Primary Corporate/NGO Partner	Average Impact Metric
2024-2025 Feb 2025	Kudje Gaon, Dist. Pune	GGFC, Pune	~100 Rural Women Beneficiaries
2025-2026 12 Feb 2026	Bhare Gaon, Dist. Pune	GGFC, Pune	~100 Rural Women Beneficiaries

4. Sum Up

This best practice bridges the gap between urban healthcare resources and rural requirements. By consistently providing nearly 100 rural women each year with diagnostic access—which normally requires traveling to urban tertiary centers—the institution directly advances women's welfare and community wellbeing.

The initiative successfully shifts the community's mindset from reactive treatment to proactive prevention. For the student-teachers of S.N.D.T. College of Education, organizing this event imparts profound empathy, leadership skills, and an enduring understanding of social development issues beyond the classroom.

Photos of 2025-26



Photos of 2024-25



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